



SUNDAY, FEBRUARY 1, 2026

SPBC E-BULLETIN



CONTACT US



The office is available by phone & email during regular office hours:
Monday to Thursday 9am - 2pm.



519.576.1100



office@stanleyparkbaptist.com

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@stanleyparkbaptist



Directory Updates

Directory Permission Forms are located outside the main office as well as in the foyer and at the Welcome Center. Completed forms can be returned to the Office mail slot in front of the main office. Please let us know if you would like something changed or would like to be added by completing one of these forms & returning it to the office no later than Feb 9.

COMING UP AT SPBC

Sunday Services - 10am
*Pre-Service (Prayer Room) 9:15am
Wednesday Prayer Meeting - 9:45am

SPBC 101 - Feb 1 - Following Service
SPBC Family Skate - Feb 8 - 4pm
Pancake Breakfast - Feb 15 - 11:30am
Discipleship Explored - Feb 18 - 6pm

SPBC 101

Interested in becoming a member or getting better connected here at SPBC? Join us after the Feb 1 service in the library for Stanley Park 101 to find out how!

Church Family Skate

Save the Date!

February 8

Come and join our Family Skate!
4 - 5 pm on the Dom Cardillo Ice at the Kitchener Auditorium!



Discipleship Explored

Join us in the library on Wednesday nights starting Feb 18 from 6:30 - 8pm for a study in Philippians on what it means to live as a Christian in today's world.

Family Day Weekend Pancake Breakfast

Please join us for a pancake breakfast following the service on Feb 15! To sign up go to the Welcome Center or contact the office.

30 Days of Prayer

The 30 Days of Prayer for the Muslim World begins on Feb 18 this year. To participate, pick up a prayer guide at the Welcome Centre or follow along at <https://www.pray30days.org/>. Join us as we pray for Muslims to come to a living faith in Christ.

FAMILY PRAYER CORNER

This week please pray for:

- Grant & Doreen Rush
- Marjatta (MJ) Sallasvaara
- Sonal Samson



SUNDAY'S SCRIPTURES

¹⁶ “This is the covenant I will make with them after that time, says the Lord. I will put my laws in their hearts, and I will write them on their minds.”

¹⁷ Then he adds:

“Their sins and lawless acts I will remember no more.”

¹⁸ And where these have been forgiven, there is no longer any sacrifice for sin.

¹⁹ Therefore, brothers, since we have confidence to enter the Most Holy Place by the blood of Jesus, ²⁰ by a new and living way opened for us through the curtain, that is, his body, ²¹ and since we have a great priest over the house of God, ²² let us draw near to God with a sincere heart and with the full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water. ²³ Let us hold unswervingly to the hope we profess, for he who promised is faithful.

Hebrews 10: 16 - 23

³⁸ For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, ³⁹ neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Romans 8: 38 - 39

DEVOTIONAL

“Looking unto Jesus.” – Hebrews 12:2

It is ever the Holy Spirit's work to turn our eyes away from self to Jesus; but Satan's work is just the opposite of this, for he is constantly trying to make us regard ourselves instead of Christ. He insinuates, “Your sins are too great for pardon; you have no faith; you do not repent enough; you will never be able to continue to the end; you have not the joy of His children; you have such a wavering hold of Jesus.” All these are thoughts about self, and we shall never find comfort or assurance by looking within.

But the Holy Spirit turns our eyes entirely away from self: He tells us that we are nothing, but that “Christ is all in all.” Remember, therefore, it is not thy hold of Christ that saves thee – it is Christ; it is not thy joy in Christ that saves thee – it is Christ; it is not even faith in Christ, though that be the instrument – it is Christ's blood and merits; therefore, look not so much to thy hand with which thou art grasping Christ, as to Christ; look not to thy hope, but to Jesus, the source of thy hope; look not to thy faith, but to Jesus, the author and finisher of thy faith. We shall never find happiness by looking at our prayers, our doings, or our feelings; it is what Jesus is, not what we are, that gives rest to the soul. If we would at once overcome Satan and have peace with God, it must be by “looking unto Jesus.” Keep thine eye simply on Him; let His death, His sufferings, His merits, His glories, His intercession, be fresh upon thy mind; when thou wakest in the morning look to Him; when thou liest down at night look to Him. Oh! let not thy hopes or fears come between thee and Jesus; follow hard after Him, and He will never fail thee.

“My hope is built on nothing less
Than Jesu's blood and righteousness:
I dare not trust the sweetest frame,
But wholly lean on Jesu's name.”